

“One in Four gave me my life  
back... there is still a lot of  
pain but I’m getting there...”

# ANNUAL REPORT 2014



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CHALLENGING  
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The demand for our services continued to be very high and it was a real struggle to respond in a timely manner to people's requests for assistance on limited resources.



# CHAIR'S INTRODUCTION

It is with great pleasure that I present the One in Four Annual Report for 2014. The Annual Report demonstrates the vital work carried out by One in Four in providing services to enable victims of sexual violence to heal and move on in their lives. These services include much needed individual and group psychotherapy, advocacy services to support people in reporting and navigating their way through the criminal justice system, family support services, restorative justice within families and within the criminal justice system, and the provision of group and individual offender treatment programmes. Advocacy services were provided to 672 clients and individual and group psychotherapy services were provided to 116 clients.

In 2014 One in Four agreed a new strategic plan with a vision of 'working towards a society where children are safe from sexual violence'. The plan, drawn up with the active participation of staff and Board members, will guide our services between 2015 and 2018.

One in Four has developed a strong reputation and expertise in and knowledge of child protection and working with adult survivors of sexual abuse, which is often called upon by practitioners and policy makers nationally and internationally. This expertise is grounded in the experience of clients and evidence-based research and practice. During 2014 this resulted in an increase in training services provided to statutory and voluntary agencies, and psychotherapy bodies in Ireland.

In 2014 further reductions in the budget placed additional demands on staff and services. Despite this there continued to be a huge demand in services that led the waiting list for counselling closing for a period of time. To address this serious issue, at the end of 2014 One in Four recruited a Head of Fundraising and developed a new fundraising strategy, which we hope will lever new funding possibilities for the organisation.

As Chair, I would like to thank our highly skilled and motivated Board for their commitment and expertise during the year, which is always given so willingly and voluntarily. And finally on behalf of the Board of One in Four, I would like to take this opportunity to sincerely thank the Executive Director, management team and staff of One in Four for their excellent work over the last year. Their work is inspirational and challenging, and in the light of pressures from funding cuts they have continued to provide services with the utmost commitment and professionalism.

**Dr Jane Pillinger**  
Chairperson, Board of One in Four



# EXECUTIVE DIRECTOR'S INTRODUCTION

2014 was a challenging year for One in Four. The demand for our services continued to be very high and it was a real struggle to respond in a timely manner to people's requests for assistance on limited resources. When people who have been sexually abused in childhood finally pluck up the courage to reach out for help, it is very difficult to ask them to wait for counselling, sometimes for months. Yet that is what we have had to do.

Once somebody is offered an appointment a very difficult but positive journey begins. Over the years we have developed a unique model of working with adult survivors. We understand that sexual abuse does not happen in isolation. The child, their family, their community and the wider society are all affected. The therapeutic journey by its nature is intimate and private, and focuses on the internal world of the client. But our clients have to live in the outside world. They are involved in relationships, in parenting, with their family of origin and in professional lives. Very often partners and family members need to be included in the journey through our family programmes. And in order to break the cycle of abuse we also provide therapeutic intervention for the sex offenders.

At One in Four we can ensure that our clients are supported on every step of their journey. But they often have to participate in external processes. We notify all allegations of child sexual abuse to the Child and Family Agency, Tusla. Some of our clients wish to make a complaint to the Gardaí and to engage in the criminal justice process. Others seek compensation for harm done through civil actions. It takes enormous bravery for a survivor to expose their deeply personal trauma to the world. One might expect that people who have suffered so terribly would be treated with dignity and respect when they engage with statutory systems but sadly this is not always the case.

The people who sexually abused our clients are still out there in families and communities with access to a whole new generation of children. One would imagine that child protection services would be equipped to ensure that all allegations are speedily and efficiently investigated. We were very heartened when new Child and Family Agency, Tusla, was established in 2014 and hoped for an improved regime of consistent responses to notifications. Sadly we have witnessed very little real change.

The criminal justice system is always described as alienating and re-traumatising by our clients. The way in which victims are treated during the criminal trial has been described as worse than the sexual abuse itself. No wonder that fewer than 15% of our clients ever make a complaint.

When Louise O'Keeffe won her case in the European Court of Human Rights in January 2014 we were very hopeful that hundreds of people who had been sexually abused in primary school would finally have the right to compensation from the Department of Education. However, the Department has interpreted the finding in such a narrow way that relatively few people will benefit from the ruling.

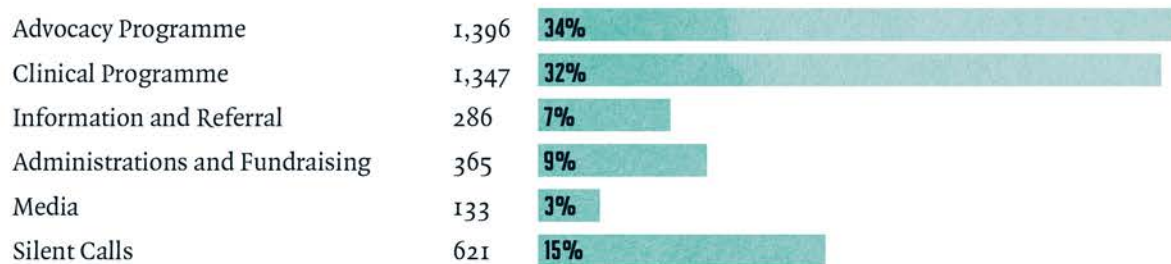
Ireland has a long way to go before we become a society that takes the sexual abuse of children seriously. We must put in place adequate services for those who are abused, an effective child protection system to prevent further harm and a criminal justice system that honours the experience of victims of serious sexual crime and actively encourages them to come forward.

**Maeve Lewis**  
Executive Director

# TELEPHONE STATISTICS

"I lived all my life feeling I wasn't worthwhile, wanting to end my life without really knowing why ... it wasn't until I started counselling that I understood the cause of it"

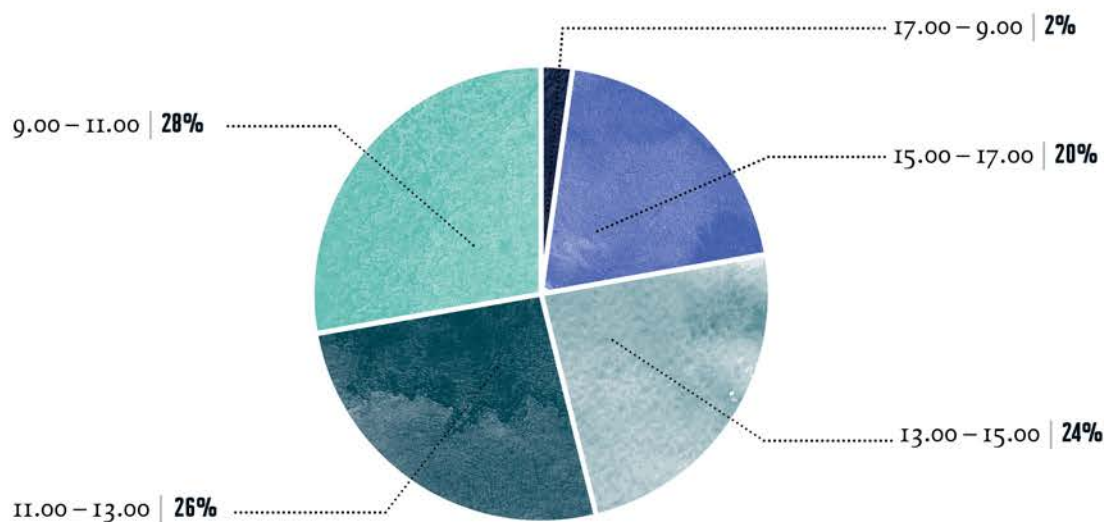
## CALLS TO ONE IN FOUR LANDLINE 2014



\*In 2014 most communications to One in Four were by mobile phone and email

# TOTAL CALLS 4,148

## FREQUENCY OF CALLS RECEIVED (CALL PERIOD)





## TYPE OF ENQUIRIES BY ADVOCACY CLIENTS

PRIMARY ENQUIRY	2014		2013	
Criminal Justice System Including Court accompaniment	189	28%	190	30%
Child Protection	181	27%	171	27%
Civil Law Processes	192	29%	158	25%
Redress Board	12	2%	13	2%
Other (Housing, education, social welfare etc)	98	14%	101	16%
Total	672	100%	633	100%

## OUTCOMES FOR ADVOCACY CLIENTS\*

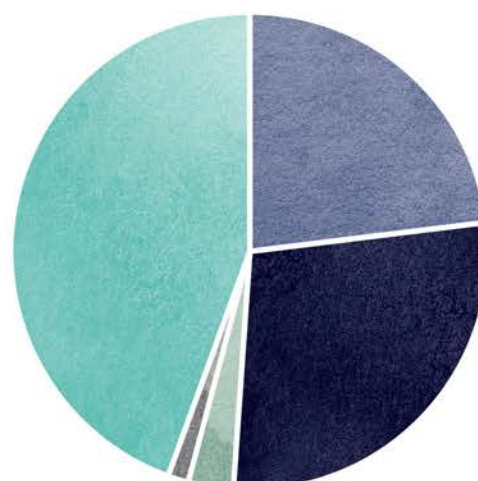
OUTCOME	2014
Child Protection Notification to Tusla	45
Child Protection information provided	354
Support in making Garda statement	39
Referral to solicitor	60
Criminal Court accompaniment	15
Civil Court accompaniment	17
Referral to counselling services	71
Engagement with religious orders/ dioceses	28
Other referrals (Caranua, housing, social welfare etc)	208

\*Some clients needed more than one type of support



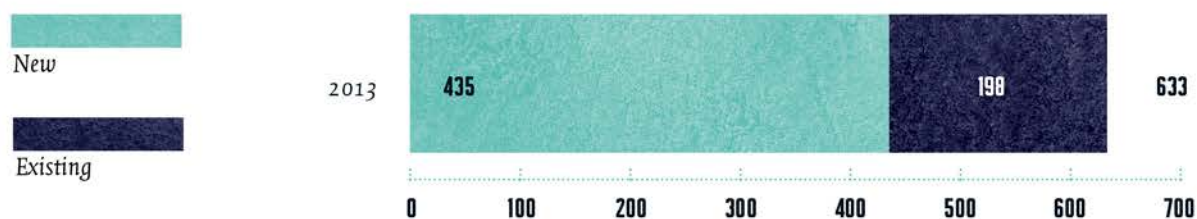
## GEOGRAPHICAL LOCATION OF ADVOCACY CLIENTS

Location	Total	%
Dublin	155	24%
Rest of Republic of Ireland	190	28%
UK and Northern Ireland	19	3%
International	10	1%
Unknown	298	44%



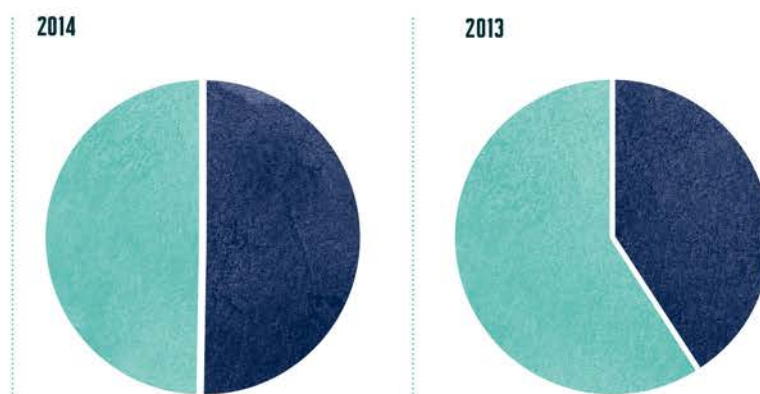
# ADVOCACY STATISTICS

## TOTAL ADVOCACY CLIENTS



## ADVOCACY CLIENTS GENDER

	2014	2013
Male	291 43%	261 41%
Female	285 57%	372 59%



## CONTEXT OF SEXUAL ABUSE ADVOCACY CLIENTS

*"My counsellor saved my life  
and I am doing things now  
I never thought possible"*

CONTEXT	2014		2013	
Intra-Familial	174	26%	196	31%
Clerical and Religious Order	205	30%	194	31%
Extra-Familial	80	12%	78	12%
Professional	48	7%	41	7%
Not applicable (professional enquiries)	165	25%	124	19%
Total	672	100%	633	100%



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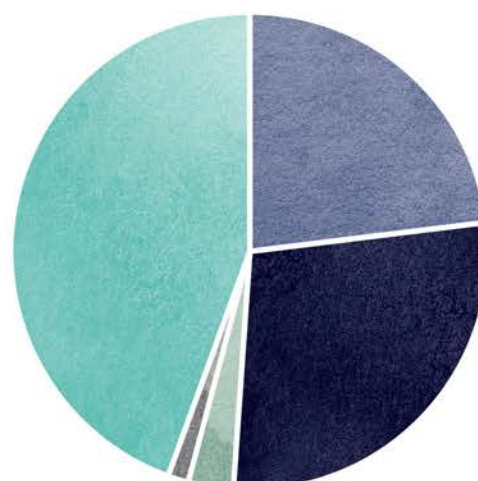
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# PSYCHOTHERAPY PROGRAMME

The One in Four psychotherapy programme provides specialised individual and group therapy to men and women who have been sexually abused in childhood and to their families. We understand that sexual abuse does not happen in isolation. The child, their family, their community and the wider society are all impacted, and any effective intervention must take account of this.

The client's first point of contact is an individual assessment meeting with a therapist. This facilitates a broad exploration of the impact of sexual abuse on the person's life and to tentatively establish what the client might need. Child protection is also discussed. Following this meeting the client may be offered a place on the 12 week introductory programme or may be referred to another specialist service, for example if there are addiction issues.

The 12 week introductory programme was piloted during 2013 in response to the number of clients who dropped out in the early stages of therapy. The client meets a therapist weekly following a structured programme exploring their family of origin, their current life situation, their coping strategies and their relational style. Child protection concerns are addressed and if necessary a notification is made to the Child and Family Agency. At the end of this programme the client and therapist work together to decide the specific pathway that is required to repair the harm done. This may include longer term individual or group therapy or the client may decide they have achieved what they needed. If the decision is to move into longer term therapy, a therapeutic needs plan is developed jointly which will inform the direction that therapy will take.

This structured introductory programme is clearly working for clients, with a very low drop-out rate. It also actively engages the client in identifying the issues they wish to address and in taking

responsibility for the changes they wish to make in their lives.

Psychotherapy at One in Four is based on an attachment-trauma model of working with adult survivors.

The majority of clients who enter long term therapy remain with the service for 2 – 3 years. Fewer than 10% of clients remain in therapy for over 4 years.

## FAMILY SUPPORT

Over 40% of One in Four clients have been sexually abused by a family member. The disclosure of abuse has an enormous impact on the entire family system: victim, offender and the non-offending family members. Typically family members are torn between loyalty to the offender and concern for the victim. Some families enter total denial and ostracise the victim while others have a more ambivalent response. Families in this situation need an enormous amount of assistance both to support the victim and to ensure that other children in the family are safe.

One in Four offers a psycho-educative family support programme. Initially families are met individually for a number of sessions and may then join a group with people from other families who have had similar experiences. A restorative justice process is also available if appropriate. Families travel from all over the country to avail of this service: in 2014, 53% of families were from outside Dublin. In 2014, 41 families were assisted in this way.

**Eileen Finnegan**  
Clinical Director



# PSYCHOTHERAPY STATISTICS

## TOTAL NUMBER AND GENDER INDIVIDUAL AND GROUP PSYCHOTHERAPY

	2014	2013	2014	2013	2014	2013
	MALE		FEMALE		TOTAL	
Individual	41	47	62	60	102	107
Group	5	2	9	6	14	8
Assessment meeting did not engage	9	N/A	14		23*	N/A
Total	55	49	85	66	139	115

\*The reason given by the majority of clients for not engaging following an assessment meeting was the long time lapse between the assessment meeting and an offer of a place on the psychotherapy programme

## AGE RANGE OF INDIVIDUAL AND GROUP PSYCHOTHERAPY CLIENTS

AGE RANGE	NUMBER	%
18-29	15	13%
30-39	22	18%
40-49	29	27%
50-59	21	17%
60-69	16	14%
70+	3	2%
Unknown	10	9%
Total	116	100%

"It is amazing when you experience something so awful and yet still want to live thanks to the help of One in Four"

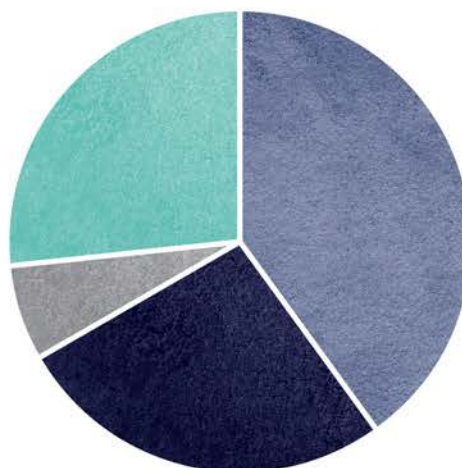


## CONTEXT OF SEXUAL ABUSE INDIVIDUAL AND GROUP PSYCHOTHERAPY CLIENTS

	2014	2013	2014	2013
CONTEXT	NUMBER		%	
Extra-familial	45	52	38%	45%
Intra-familial	49	43	43%	38%
Both	10	14	8%	12%
Undisclosed	12	6	11%	5%
Total	116	115	100%	100%

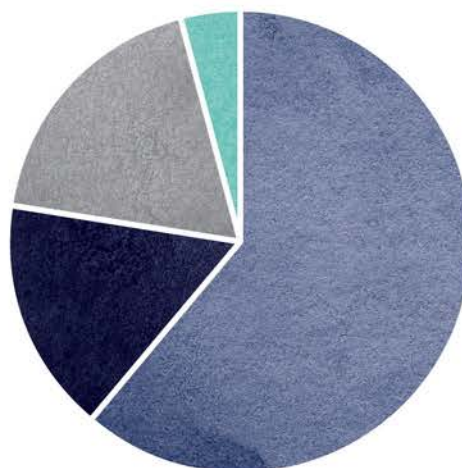
## EXTRA-FAMILIAL ABUSE: BREAKDOWN INDIVIDUAL AND GROUP PSYCHOTHERAPY CLIENTS

TYPE	NUMBER	%
Clerical and Religious Order	18	16%
Friends and Neighbours	12	10%
Professional	3	1%
Stranger	12	11%
Total	45	38%



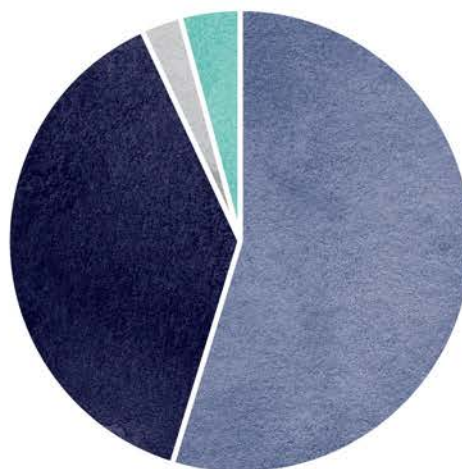
## INTRA-FAMILIAL ABUSE: BREAKDOWN INDIVIDUAL AND GROUP PSYCHOTHERAPY CLIENTS

RELATIONSHIP	NUMBER	%
Extended family	30	26%
Father / Stepfather	8	7%
Brother	9	8%
Mother, Sister	2	2%
Total	49	43%



## LENGTH OF TIME IN INDIVIDUAL PSYCHOTHERAPY

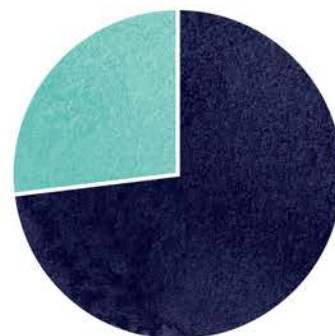
LENGTH OF TIME	NUMBER	%
< 1 year	56	55%
1-3 Years	39	38%
4-5 Years	3	3%
6 Years +	4	4%
Total	102	100%





## GEOGRAPHICAL PROFILE OF INDIVIDUAL AND GROUP PSYCHOTHERAPY CLIENTS

REGION	NUMBER	%
Greater Dublin	85	73%
Rest of Ireland	31	27%
Total	116	100%

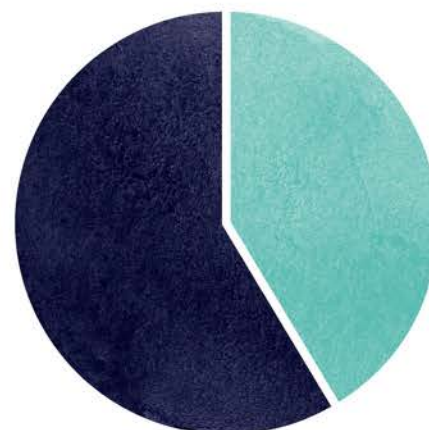


## FAMILY SUPPORT PROGRAMME

NUMBER OF FAMILIES  
ATTENDING THE FAMILY  
SUPPORT PROGRAMME: 41

## GEOGRAPHICAL PROFILE OF FAMILIES

REGION	NUMBER OF FAMILIES	%
Greater Dublin	17	40%
Rest of Ireland	24	60%



TOTAL  
PSYCHOTHERAPY  
HOURS: 2,643



# THE PHOENIX PROGRAMME

## SEX OFFENDER INTERVENTION

The Phoenix Programme is seen at One in Four as a core child protection strategy. We work with the sex offenders, their families and the statutory services to help offenders confront the harm that they have caused and to support them in living lives that are free from sexually harmful behaviour. It is one of the very few programmes available for non-convicted offenders in Ireland.

Sex offenders are referred to the programme by Tusla, the Gardaí, the Courts and by their families. The offender attends a series of individual meetings with a psychotherapist to assess their suitability for the programme during which a range of gathering tools are used to formulate a case plan. The case plan is used to understand the motivation and pathways that led to the individual offending and to inform treatment. One in Four does not undertake risk assessments.

The treatment programme is delivered over 18 months in a group setting. Three modules focus on early life history, offending behaviour and relapse prevention.

The Tusla child protection services and the Gardaí are informed when an offender engages with the Phoenix Programme and One in Four staff take part in multi-agency meetings on a regular basis, with a view to managing the offenders in the community.

Following treatment the offender attends an intervention maintenance group which supports and reinforces relapse prevention.

An increasing number of young offenders aged 18 – 29 attended the programme in 2014, comprising 31% of total participants. Research suggests that, without intervention, this age group has the highest recidivism rate. From a child protection perspective, it is vital to intervene with this group. We are very grateful to ESB Electric Aid Ireland for supporting this project.

In 2014, 32 sex offenders attended the Phoenix Programme. They travelled from all over the country to do so, highlighting the need for this type of community treatment programme throughout the country.

During 2014, 2 participants on the programme were convicted and sentenced for sexual crimes.

### FAMILY SUPPORT

A key aspect of the Phoenix Programme is the involvement of non-offending family members. Family members, usually the wife/partner of the offender, are invited to attend a psycho-educative support group which allows them to learn about offending behaviour, to begin to understand the family dynamics that facilitated the offender to sexually abuse and to be supported in ensuring other children are safe. We are very grateful to Hedge Fund Care Ireland for supporting this family programme in 2014.

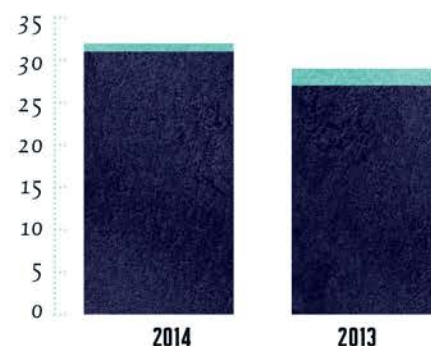
**Eileen Finnegan**  
Clinical Director



# PHOENIX PROGRAMME STATISTICS

## PHOENIX PROGRAMME: ACTIVE CLIENTS 2014 AND 2013

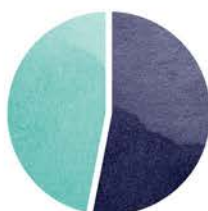
	2014	2013
STATUS	NUMBER	
● Individual and Group Therapy	31	27
● Premature ending	1	2
Total	32	29



## AGE RANGE OF PHOENIX CLIENTS 2014 AND 2013

	2014	2013	2014	2013
AGE RANGE	NUMBER		%	
18-29	11	7	34%	24%
30-39	5	4	16%	14%
40-49	5	7	16%	24%
50-59	9	7	28%	24%
60+	2	4	6%	14%
Total	32	29	100%	100%

## GEOGRAPHICAL PROFILE OF PHOENIX CLIENTS



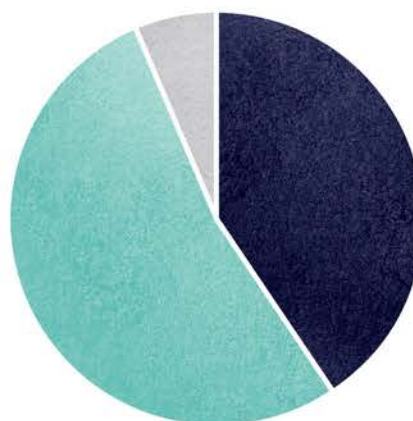
REGION	NUMBER	%
● Greater Dublin	17	53%
● Rest of Ireland	15	47%

"The abuse affected my whole life and in turn affected everybody who came into my life...now it can be different"

## CONTEXT OF SEXUAL OFFENDING: PHOENIX PROGRAMME

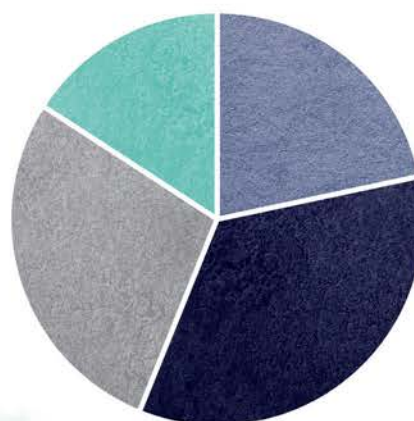
RELATIONSHIP TO VICTIM AS PER FIRST DISCLOSURE*	NUMBER	%
<b>EXTRA-FAMILIAL ABUSE</b>	<b>13</b>	<b>41%</b>
Known child	3	9%
Internet	7	23%
Unknown child	3	9%
<b>INTRA-FAMILIAL ABUSE</b>	<b>17</b>	<b>53%</b>
Sister	6	19%
Daughter	3	9%
Son	0	0%
Niece/nephew/cousin	8	25%
<b>BOTH INTRA AND EXTRA-FAMILIAL</b>	<b>2</b>	<b>6%</b>
<b>Total</b>	<b>32</b>	<b>100%</b>

\*Some men sexually abused more than one child



## NUMBER OF VICTIMS

NUMBER OF VICTIMS PER OFFENDER	NUMBER OF OFFENDERS
Internet Only	7
1	11
2	9
3 or more	5
<b>Total</b>	<b>32</b>



# 28

WIVES/PARTNERS OR MOTHERS/FATHER  
OF THE OFFENDERS ATTENDED THE  
POSITIVE LIVING SUPPORT PROGRAMME



# RESTORATIVE PRACTICES

All One in Four clients have been victims of serious sexual crimes, yet fewer than 15% ever make a complaint to the Gardaí. Of those who do engage with the criminal justice system, very few cases proceed to trial. And clients who have been complainant witnesses in a criminal trial describe the experience as humiliating and re-traumatising.

*"If I knew what it was like I would never have gone through with it"*

*"It was worse than the abuse itself in many ways"*

*"He (the defence barrister) looked at me like I was nothing, a piece of dirt"*

Restorative practices on the other hand place the experience of the person who has been harmed firmly at the centre of the process and allows them to explain the impact that the sexual abuse has had on their lives. It allows the perpetrator, if appropriate, to accept responsibility for harm caused. It can also allow other people who have been impacted by the abuse, such as family members, to begin to understand the survivor's distress but also to reflect on the ways in which the abuse has affected them and what they may need to do to keep other children safe within the family.

In 2014, 6 families were facilitated in a restorative process. In 2 cases, the sex offender was involved in the process; the other cases involved the family members of the survivor.

We are very grateful to The Ireland Funds for supporting us in our restorative work.

## A RESTORATIVE ORGANISATION

In February 2014 the management team at One in Four undertook IIRP training in Restorative Leadership. Over the course of 2014 staff training sessions and seminars were facilitated with a view to establishing a restorative organisational ethos in One in Four. The management team and staff developed a restorative code of conduct. The aim is to imbue our dealings with each other and with our clients with principles of dignity and respect in, and to take responsibility for our behaviour in the workplace. Restorative processes such as "circles" are now used regularly to address issues that arise and interpersonal conflict. In so far as possible, restorative processes are used instead of formal disciplinary procedures. It will take time to fully embed this new approach but so far the results have been positive.

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*"I can be myself in One in Four – my counsellor gives me time and space to think and talk and it makes me feel like a good person"*

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# POLICY AND INFLUENCING

Most men and women who are sexually abused in childhood are reluctant to speak openly about what happened to them. Many carry a burden of shame that does not belong to them and fear being judged. Others dread that their families and communities will respond with disbelief and ostracise them. Far too often these fears are realised and people are silenced. As a result the experience of survivors is not accurately represented in the public domain. Both ordinary people and policy makers routinely underestimate the scale of the incidence of child sexual abuse. The criminal justice system, the child protection system and civil processes do not remotely meet the needs of survivors and indeed often seem to favour the sex offender.

While the main focus of our work at One in Four is to provide professional services to survivors, we also believe that giving a voice to the people who use our services is vitally important. We engage with policy makers at every level to try to ensure that national policy and statutory processes are informed by our clients' needs and experiences.

Public awareness of sexual abuse has grown remarkably in the past decade but there is still no general acknowledgement of its widespread nature and of the fact that children are mainly abused in their own families and communities. We engage regularly with the media for comment and discussion to keep the issue to the foreground of public debate.

Over the years One in Four has developed a high level of expertise in working with adult survivors and we have created a model of psychotherapy and advocacy support that reflects their needs. We now offer tailored training courses to professional and organisations so that our experience can inform their engagement with survivors.

In 2014 we focused on the following issues:

## CHILD PROTECTION

Although all our clients are now adults, the person who abused them often has access to a new generation of children. We notify Tusla child protection services of all allegations we receive. Unfortunately the response from child protection teams across the country remains very inconsistent, and adequate resourcing of teams is a major problem. We have engaged regularly with senior Tusla staff to highlight these shortcomings.

## CRIMINAL JUSTICE SYSTEM

Fewer than 15% of our clients make a complaint to the Gardaí. Many do not wish to see a family member prosecuted, others are terrified of the process involved. For those who make a complaint, the experience can be negative. While most clients speak highly of their involvement with the Gardaí, every client describes the criminal trial as humiliating and re-traumatising.

## LOUISE O'KEEFFE CASE

Louise O'Keeffe was sexually abused by a teacher while in primary school. Following the conviction of her abuser, Louise had attempted to sue the Dept. of Education and others for their failure to protect her and had pursued this to the Supreme Court where her case was dismissed. She appealed to the European Court of Human Rights and In January 2014 the Court held that the Irish State had failed in their inherent obligation to protect children and to put in place an effective system of State control against the risk of abuse occurring. This had major implications for hundreds of other survivors, many of whom are One in Four clients, who were awaiting the outcome of the European judgement.

In 2014 we met with senior officials at the Dept. of Education to ascertain the Department's intentions to implement the Court's decision. This is an on-going issue.



## VICTIMS' RIGHTS

We have been active members of the Victim's Rights Alliance, working with other NGOs to ensure that the EU Directive on Victim's Rights will be transposed into Irish law in 2015.

## PENAL POLICY

Executive Director Maeve Lewis was a member of the Strategic Review Group on Penal Policy whose Report was delivered to Minister for Justice and Law Reform, Frances Fitzgerald TD, in September 2014.

## TRAINING

During 2014 we delivered a series of training courses on the impact of child protection legislation on the

psychotherapeutic relationship to professionals and organisations, including eight courses to IACP members. We reached over six hundred professionals during the year.

## CONFERENCES

We delivered papers and workshops at both national and international conferences including the Inaugural Irish Criminal Justice Conference; the International Institute for Restorative Practices Conference in Pennsylvania; the BASPCAN Conference, Dundalk; the European Association of Counsellors, Athens; the Restorative Justice Conference, Heidelberg and NOTA Conference Belfast.

# FUNDING

At One In Four we are only able to carry out our work thanks to the funders and donors who support us. We are extremely grateful to the HSE and the Commission for the Support of Victims of Crime for continuing to fund the work we do. One in Four also received grants from The Ireland Funds, ESB Electric Aid Ireland and Hedge Funds Care. These partnerships are fundamental to our services and we are so very grateful to them all.

Last year saw an increase in the demand for our professional services and training, and this continues to provide One In Four with additional income for all of the work that we do.

We continue to be inspired by the individuals and groups who devote their time and efforts to fundraising events and activities for One In Four - Thank you so much. While our annual flagship event did not take place in 2014, we are looking forward to Tea 'N' More's return and expansion in 2015.

In particular, we'd like to say a special thank you to Albert Purcell and his team in Tipperary, and everyone involved in the fantastic Ballycommon Sponsored Ride. In addition, the volunteers who once again took part in the Women's Mini-Marathon also raised so much for us and we are so grateful. Thanks must also go to our corporate donors and

sponsors who so kindly chose to give back to the communities they work in.

We were also delighted to have launched "One Day at One In Four" in 2014, allowing organisations and individuals to 'sponsor' a calendar day and fund all of the work that we do. Thank you to everyone so far who has chosen to honour a significant date by making a very generous donation.

Finally, thank you so much to all of the people who have continued to make ongoing donations to One In Four in 2014. These regular and reliable donations, however large or small, are essential to our work and ensure our doors remain open to the men, women and families impacted by sexual abuse.

**Simon Scriver**  
Head of Fundraising

GO TO THE BACK  
COVER TO FIND  
OUT HOW YOU  
CAN HELP US



# GOVERNANCE

One in Four is a Company Limited by Guarantee and a Registered Charity. We are fully compliant with the Charity Regulatory Authority.

The Board of Directors is responsible for the overall governance of the organisation and for developing and directing the strategic vision.

The Board has three sub-committees: Finance, Development and Governance. The Sub-Committees are made up of Board members but may also co-opt non Board members as appropriate.

The Board meets six times per annum and is furnished with detailed financial and activity reports at each meeting. The Executive Director and a staff representative attend each meeting.

The Executive Director reports to the Board and is delegated responsibility for the day-to-day running of the organisation.

In 2014 One in Four employed at total of 17 full-time and part-time staff, equivalent to 13.2 full-time positions.

## BOARD OF DIRECTORS

Chairperson	Dr Jane Pillinger
Secretary	Donal Cronin
Treasurer	David Holohan

Board members  
Brenda Kyle  
Grainne Lawlor  
Dr Rosaleen McElvaney  
Maire Mulcahy  
Karl O'Connor

## STAFF

Executive Director	Maeve Lewis
Advocacy Director	Deirdre Kenny
Clinical Director	Eileen Finnegan
Head of Fundraising	Simon Sriver

Psychotherapists  
Edel Bose  
Julie Brown  
Bobbi Grogan  
Antoinette McKeogh  
Deirdre Murray  
Deirdre Ronan

Advocacy Officers  
Frank Dunleavy  
Damien McKenna  
Nicola Murphy

Administration	Clinical Administrator
Lorna Cleary	Accountant
Deirdre Mackay	Receptionist
Ann Marie McGowan	Administrator /PA to
Margaret McKimmons	the Executive Director

Intern Psychotherapist	Robert Lewis
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One in Four is working towards full compliance with the Voluntary Governance Code for Charities

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"Thanks to One in Four I've gotten past the guilt and blame and secrecy of my abuse and I have opened up to the world"

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ONE IN FOUR IRELAND LIMITED

# STATEMENT OF FINANCIAL ACTIVITY 2014

	Total 2014 €	Total 2013 €
<b>INCOME SOURCES</b>		
Grants	607,680	602,884
Donations and Fundraising	152,435	106,764
Other Income	55,556	53,108
Total Income	815,671	762,756
<b>RESOURCES EXPENDED</b>		
Charity Services	774,916	735,413
Professional & Fund raising	20,887	30,753
Governance	4,800	4,800
Total Expenditure	800,603	770,966
Net Movement in funds	15,068	-8,210
<b>NOTES/ANALYSIS</b>		
Grants received	€	€
Health Service Executive	514,680	525,184
Commission for the Support of Victims of Crime	73,000	70,500
Family Support Agency		3,200
ESB Electric Aid Ireland	10,000	
Hedge Funds Care	5,000	
Ireland Funds	5,000	4,000
	607,680	602,884

## OTHER INCOME

Other income is received for the provision of therapy services and training services.

## EXPENDITURE

Expenditure of charity services includes staff costs of €644,781 (2013 - €625,849)  
The staff costs are for professional psychotherapists and advocacy officers, along with some support administrative staff.

Management salary scales:

Executive Director: €75,000 - €88,000  
Advocacy Director: €58,000 - €70,000  
Clinical Director: €58,000 - €70,000

Employer pension contributions for all management and staff, were suspended in 2009 and have not yet been reinstated due to financial constraints.

ONE IN FOUR IRELAND LIMITED

# BALANCE SHEET AS AT 31.12.2014

	2014 €	2013 €
<b>FIXED ASSETS</b>		
Tangible assets	3,786	9,856
<b>CURRENT ASSETS</b>		
Debtors	18,926	19,594
Cash at bank	60,570	33,056
Total current assets	79,496	52,650
Creditors: Amounts falling due within one year	-35,690	-29,981
Net Current assets	43,806	22,669
Net Assets	47,592	32,525
<b>CAPITAL &amp; RESERVES</b>		
Revenue reserves account	47,592	32,525

## ONE IN FOUR'S POLICY ON RESERVES

We hold cash at bank of €60,570, all of which is unrestricted funds. These funds are held in order to meet any foreseen expenditure that may occur. We aim to hold funds to assist in paying salaries in January in the event in delay to receiving grants.



# ACKNOWLEDGEMENTS

One in Four would like to express our deep gratitude to all the people and organisations that supported our work in 2014. Some helped financially, others through giving of their time and expertise. We could not continue to deliver our vital services without their help.

Some supporters would like to remain anonymous but we want them to know how much we appreciate them. We would like to publicly thank the following who helped us in 2014:

Bewleys  
The Commission for the Support of Victims of Crime  
ESB ElectricAid Ireland  
Eimer Gleeson  
Kate Harty  
The Health Service Executive  
Hedge Funds Care  
The Ireland Funds  
Erica Jewitt  
Brid Lewis  
Mary O'Kennedy  
Albert Purcell and the team at the Ballycommon Sponsored Ride  
Red Dog  
The Thatched Cottage, Ballycommon  
The Whiskey Still, Dromineer  
Towards Healing

We are especially grateful to our Board of Directors who are a constant source of support and expertise.

We really appreciate our solicitor and our auditor for their generosity and advice:

## **SOLICITOR**

Pearse Mehigan  
83/84 Upper Georges St  
Dun Laoghaire  
Co Dublin

## **AUDITOR**

John Carlin & Co.  
Unit D, Ground Floor  
Apex Business Centre  
Sandyford Industrial Estate  
Dublin 18



Oifig Íospartaigh na Coireachta  
Victims of Crime Office



Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive

2 Holles Street  
Dublin 2  
t 01 662 4070  
e [info@oneinfour.ie](mailto:info@oneinfour.ie)  
[www.oneinfour.ie](http://www.oneinfour.ie)

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f Find us on Facebook One in Four Ireland

🐦 Follow us on [Twitter.com/oneinfourirish](https://twitter.com/oneinfourirish)  
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Registered Charity No. CHY 15289

## WAYS TO HELP US

We urgently need your help to make our work possible. There are several ways you can contribute to what we do. You can:

- BECOME A REGULAR MONTHLY DONOR
- MAKE A ONE-OFF DONATION
- LEAVE A GIFT TO US IN YOUR WILL
- TAKE PART IN A FUNDRAISING EVENT
- GET YOUR EMPLOYER INVOLVED

If you would like to discuss any of these ideas, then please contact us:

Post: 2 Holles Street, Dublin 2, DO2 FP40

Phone: 01 662 4070

Web: [www.oneinfour.ie](http://www.oneinfour.ie)

E-mail: [fundraising@oneinfour.ie](mailto:fundraising@oneinfour.ie)

# THERAPY. ADVOCACY. PREVENTION.