

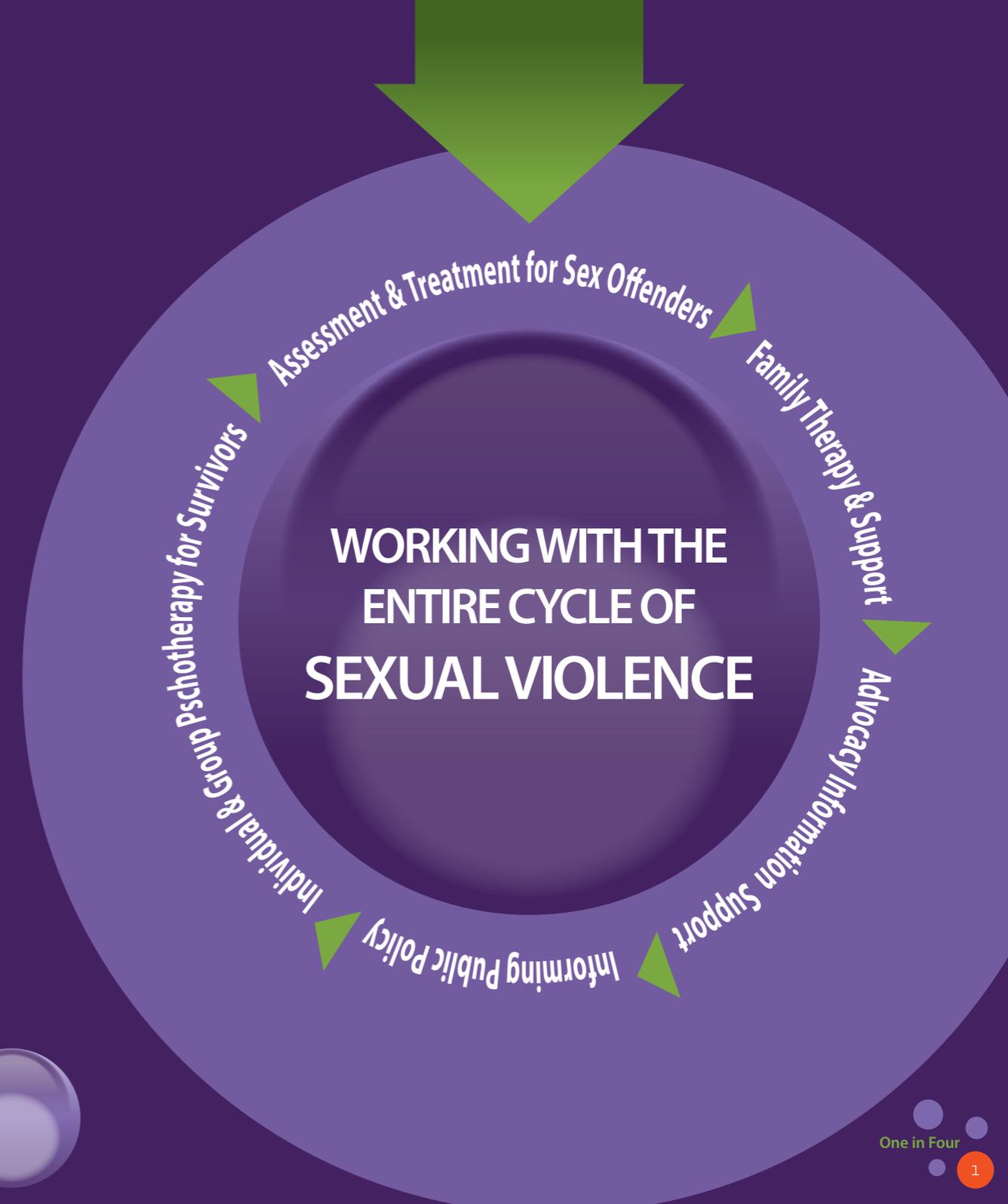
Annual Report 2008

One in Four



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Dr. Jane Pillinger

Board of Directors
Chairperson

Report Form The Chair

The publication of the 2008 Annual Report marks the sixth year that One in Four has been providing psychotherapy services to and advocating on behalf of victims of sexual violence. On behalf of the Board I would like to wholeheartedly welcome the publication of the report.

2008 has been a hugely important year for One in Four. The Board pays tribute and gives thanks to the founder and former Director, Colm O’Gorman, who left the organisation in January 2008 to take up his new position as Chief Executive of Amnesty International. And we welcome our new Executive Director, Maeve Lewis, who took up her position in April 2008. Maeve has provided a new strategic direction, leading the organisation through the many challenges and opportunities that have taken place. We also expanded the Board of Directors, and welcome two new Board members who bring us valuable skills and experiences.

One in Four is the first point of contact for many women and men who are survivors of sexual violence. While we support large numbers of men and women who have been victims of clerical abuse, increasing numbers of clients have been abused by a family member. During the year our staff provided over 5,000 individual psychotherapy sessions for 115 individuals, with 48 people on the waiting list. In addition, we provided 360 hours of group therapy to 46 people. We also supported 426 clients through Advocacy, Information and Support.

As part of One In Four’s objective to provide an integrated response to sexual violence, we provide services to sex offenders and for their families. We strongly believe such programmes are needed if abusers are to be prevented from abusing again.

During 2008 One in Four has commented on and challenged developments in child protection policy and has responded to ongoing controversies in the Catholic Church. For example, One in Four played an important role in calling for a national audit on child protection in the light of the Cloyne Diocese controversy, and in ensuring full disclosure of documentation to the Dublin Archdiocese Inquiry.

A major challenge is ensuring that the organisation continues to raise substantial resources through private fundraising. With the beginnings of the credit crisis in 2008, One in Four, like so many other NGOs in the sector, saw a substantial drop in fundraising income.

We are launching this Annual Report following the publication of the disturbing Report of the Commission to Inquire into Child Abuse. It was inevitable that the publication would have a huge impact on the demand for our services. We need to meet these growing demands while also working towards a new strategic focus for fundraising and organisational development, so that we can continue to work on behalf of survivors of sexual violence, while also ensuring that the best and most robust systems of child protection are put in place for the future.

On behalf of the Board we would like to thank the staff at One in Four for their dedication, hard work and commitment, and to thank Maeve Lewis, the Chief Executive Officer, for her leadership of One in Four over the last year.

One in Four

Introduction

2008 was a pivotal year for One in Four. The founder, Colm O’Gorman, left the organisation in January after five years. Without his vision and courage, One in Four would never have come into being. I assumed my role as Executive Director in April. Such transitions are notoriously difficult for organisations to negotiate, and it is a tribute to Colm, the Board of Directors and the staff that the delivery of services continued smoothly despite the changes.

One in Four is a unique service, working as we do with both survivors and perpetrators of sexual violence and their families. We believe passionately that the sexual abuse of children will never be eliminated unless we can intervene in the entire cycle of violence. We offer individual and group psychotherapy to survivors, support groups for family members, family therapy where the abuse has been intra-familial, and risk assessment and treatment for the perpetrators.

The experience of childhood sexual abuse is very private, taking place as it does in secrecy and isolation. Many survivors come to believe that they are responsible for the abuse, and are unable to place it within the social context in which it occurs. It is vital for both personal and societal healing that sexual crimes are acknowledged, and that the responsibility is placed firmly with the perpetrator. Our Advocacy Support Programme assists people who may otherwise remain silent to engage with the criminal justice system, to take part in Commissions of Inquiry and to report concerns about children at risk to child protection services.



Maeve Lewis

Executive Director

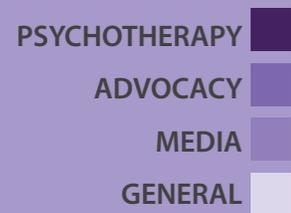
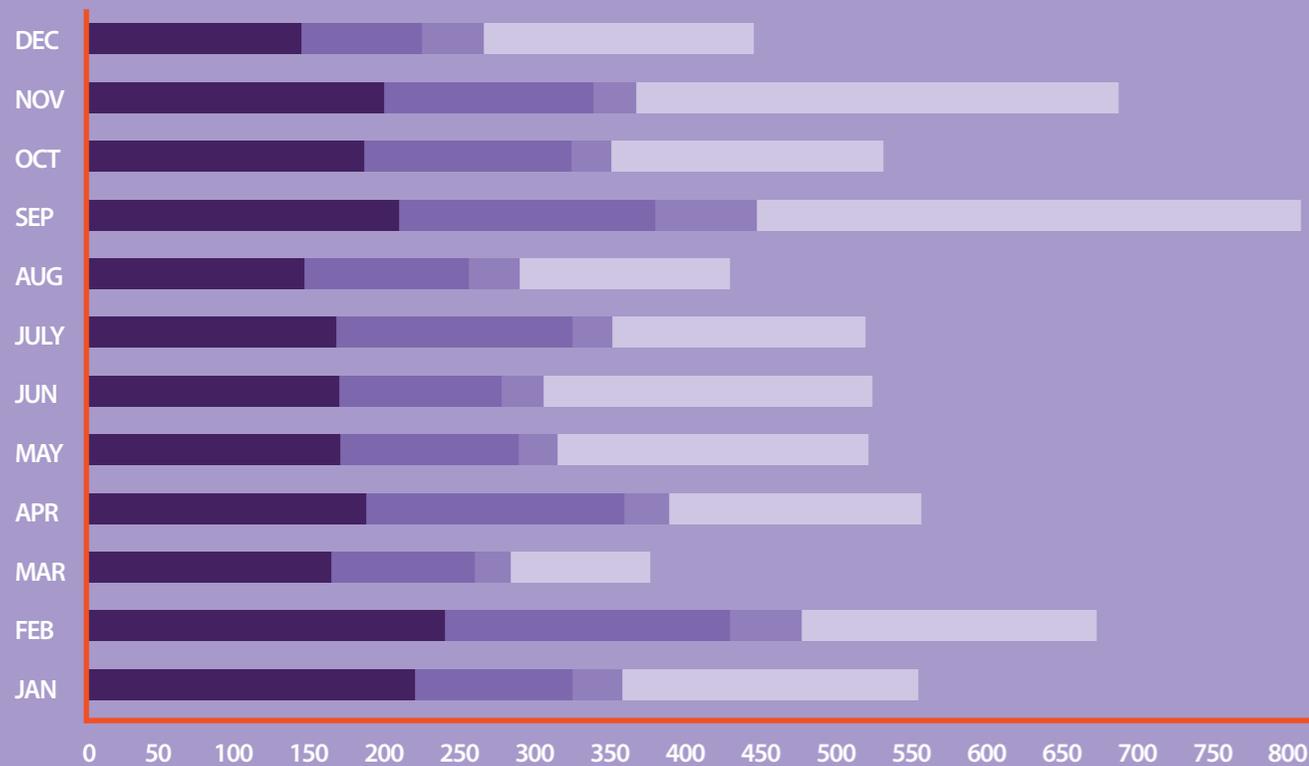
Shame and fear are core consequences of sexual violence and often silence survivors. One in Four plays a key role in giving voice to their experiences, and in bringing their concerns to the attention of policy makers. For example, the failures in child protection in the Diocese of Cloyne scandalised Ireland in the last months of 2008, culminating in the publication of the Church’s own National Board for Safeguarding Children’s damning Report in December. The failures might never have come to light had One in Four not alerted the Minister for Children on behalf of a client in 2007. This highlights the importance of having a vibrant non-governmental sector to ensure that the needs of those who have been victimised and marginalised are adequately addressed.

We cannot launch our 2008 Annual Report without acknowledging publication of the Report of the Commission to Inquire into Child Abuse in May 2009. The shocking Report reveals immense systemic failures leading to the abuse of thousands of Irish children while in the care of the state. We may like to believe that these events are in the past and that children are now safe. They are not. Our child protection services are a generation behind those of the UK, and accessible services for survivors are only patchily available. There has been much talk of a monument to the institutional survivors. The only true monument will be effective child protection services, and well funded psychotherapy and support programmes for those who have suffered so grievously.

Psychotherapy Statistics 2008

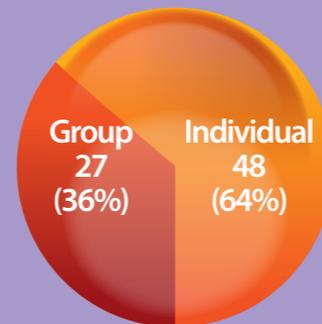
1st January 2008 – 31st December 2008

Telephone contact with One in Four landline in 2008



Waiting List for Psychotherapy
December 2008

Total: 75



Total number of Individual Psychotherapy Sessions: 5,079

The Psychotherapy Programme

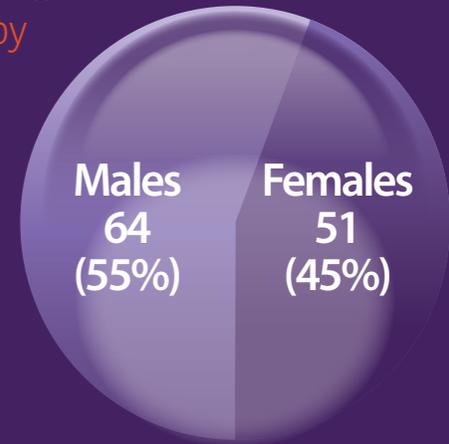
Individual Psychotherapy

The psychotherapy programme at One in Four provides individual psychotherapy and group psychotherapy to men and women who have experienced sexual violence.

One in Four is unique in that the majority of psychotherapy clients are men, thus exploding the myth that men are not victims of sexual violence. We believe male survivors will come forward if appropriate services are provided, and we have developed a psychotherapy programme which can encompass their particular needs. Individual psychotherapy

Gender of Clients in Individual Psychotherapy

Total: 115
(No. of first contact assessments: 64)



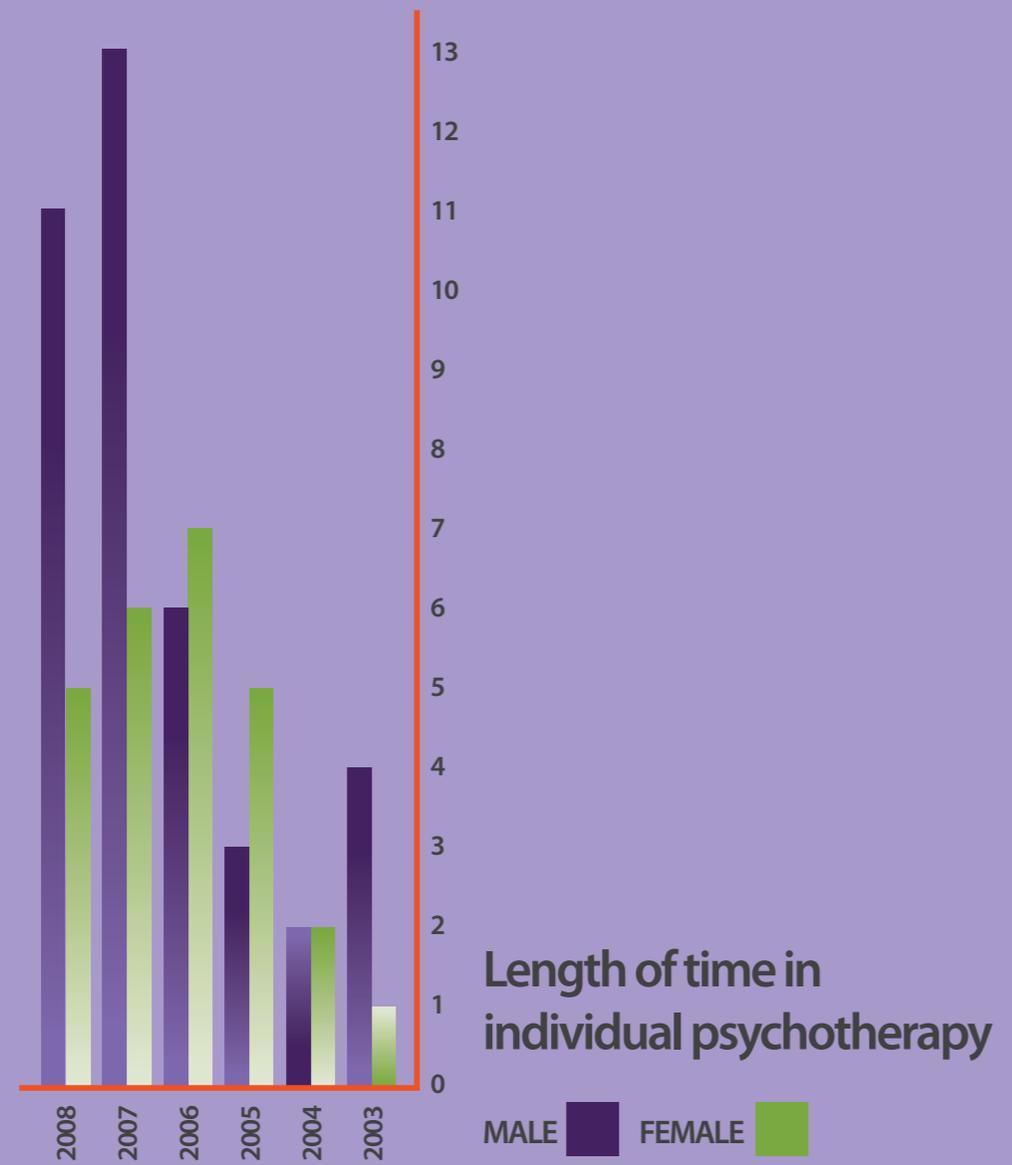
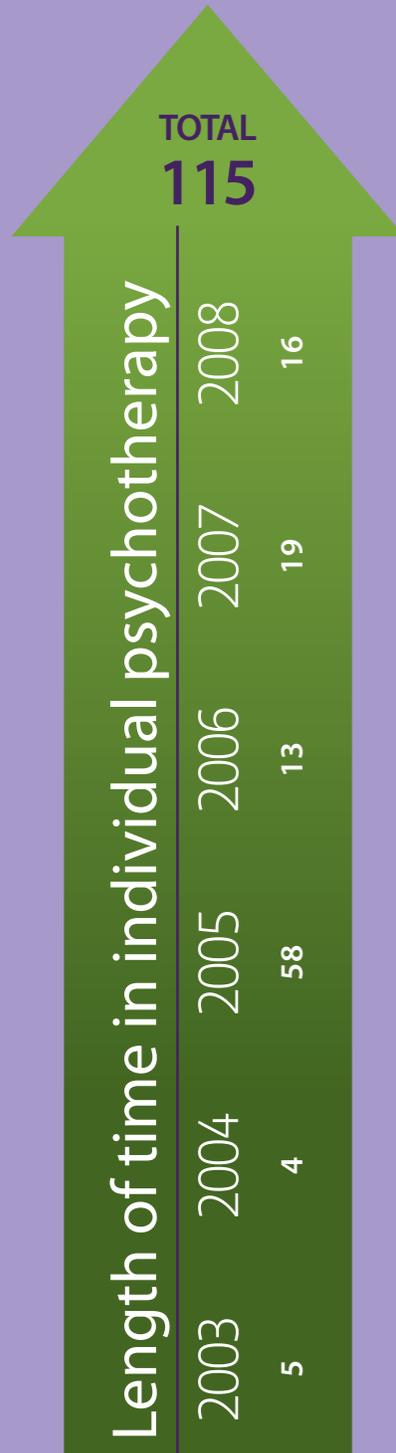
offers a space where clients can share their experience with a trained psychotherapist. Childhood sexual abuse is a traumatic event which can have a lifelong impact on the survivor. Psychotherapy facilitates the client to face what has happened and to address the effects the abuse has had on their lives. After years of suffering, people can transform their lives through this process.

The demand for services continued to grow in 2008, and we continue to have a waiting list for individual psychotherapy.

Training and Consultancy

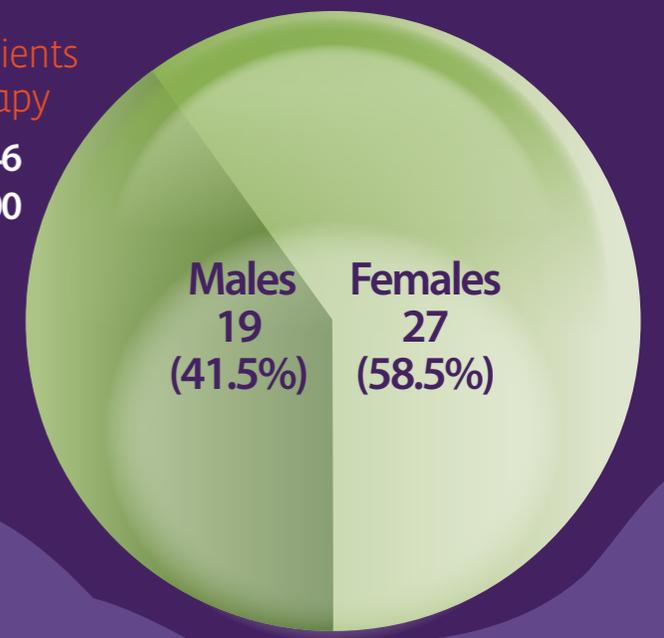
The psychotherapy team also offers training and consultancy to other agencies who are in contact with survivors of abuse. In 2008 we provided team consultation and support, and assisted in the development of child protection policies and procedures. We also contributed specialist training to psychotherapy students in relation to sexual abuse and sex offenders.

In 2008 we collaborated with the Ballyboden Family Support Centre in the facilitation of a Circle of Support group for children living in difficult circumstances.



Gender of Clients in Group Psychotherapy

Total: 46
Total number of hours: 400



Group Psychotherapy

Group psychotherapy is an important aspect of the clinical work of One in Four. Following a period in individual psychotherapy many people move into the group programme. Group psychotherapy offers clients the opportunity to connect with people who have lived through similar experiences and also affords a space where new ways of engaging in relationship can be tested and strengthened. Three psychotherapy groups ran throughout the year.

Sexual violence has an impact way beyond the individual survivor. Intra-familial abuse reverberates throughout the entire family system and can be immensely painful for all family members. In 2008 we facilitated an Allies Group for relatives and friends who are supporting survivors of sexual violence. The group provides practical information and emotional support to those who are helping their loved ones through a very painful process. It creates a greater understanding of the impact of sexual violence, and enhances their ability to give ongoing support.

A new development in 2008 was the programme of four thematic Saturday Workshops for clients. Over an intense day, themes such as sexuality, loss and shame were explored.

Eileen Finnegan Deputy Clinical Director

88% of clients experienced sexual abuse by one offender
 12% of clients experienced sexual abuse by two or more offenders

Sex Offender Assessment & Treatment Programme

One in Four has always viewed the treatment of individuals who exhibit sexually harmful behaviour towards children as an essential child protection strategy. Children First, the national guidelines for the protection and welfare of children, recognises the need for perpetrators of sexual abuse to have access to appropriate treatment services. Since 2004 One in Four has been offering risk assessment and treatment to this client group.

We are committed to maintaining best practice in the area of sex offender treatment and integrating the core principles and assumptions of goal orientated models, while maintaining a high degree of effective risk assessment and management of offenders on an on-going basis.

In 2008 we saw an increase in the number of clients accessing the service, with 22 participants on the treatment programme.

In 2008 we also developed the programme to include a one year structured treatment group, with a combination of psychotherapy and psycho-educational approaches. The emphasis is on motivating the individual to construct a better way of living, one that does not cause harm to children.

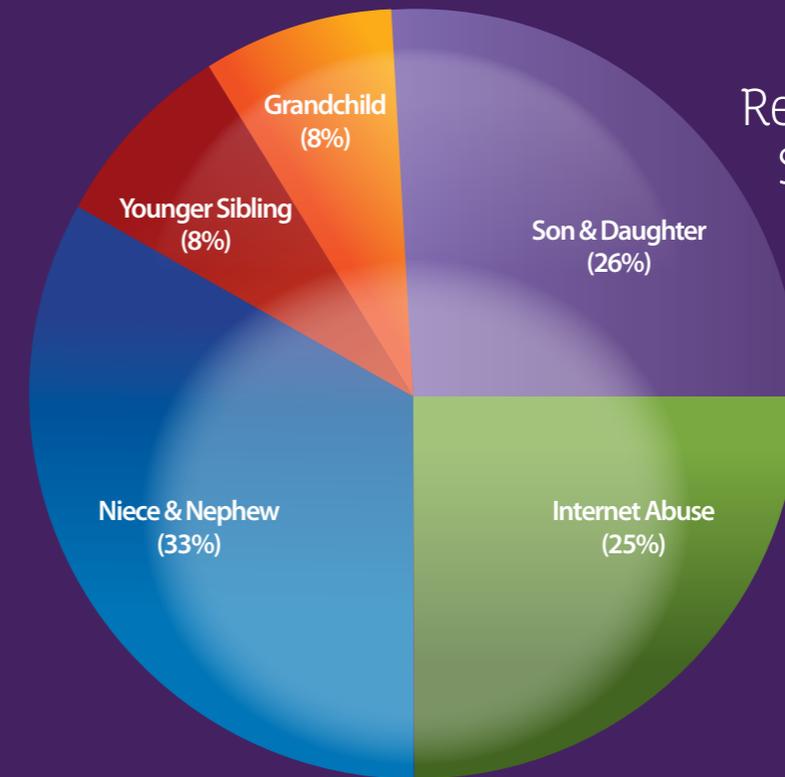
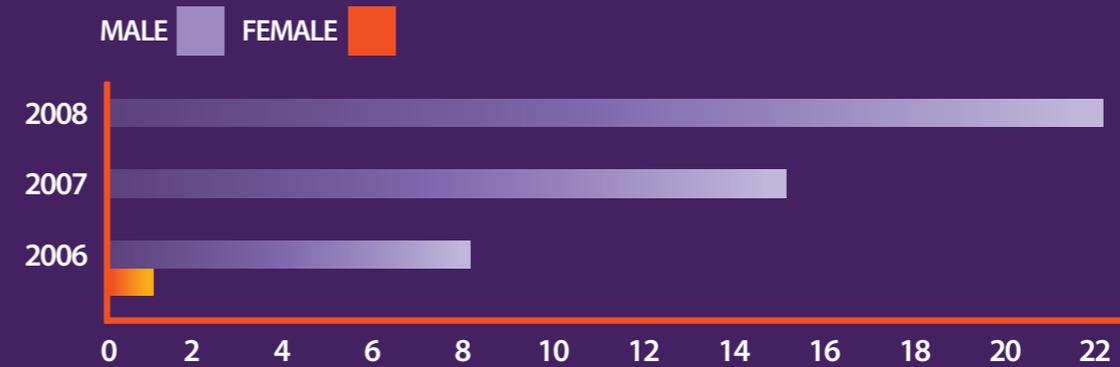
Referrals to the Sex Offender Programme come through the HSE, the court system and from other voluntary agencies. Significantly, the majority of individuals are self-referred. This is heartening in the sense that it demonstrates a high level of motivation towards change. However, there is no statutory funding for these individuals who are for the most part un-convicted and outside the criminal justice system. It is a major financial challenge to provide treatment for this group.

International research shows that good community based treatment works, and reduces the risk of re-offending. If we are serious about protecting our children, funding must be provided for the assessment and treatment for those who sexually offend.

Despite the challenges, One in Four is committed to working with sex offenders in co-operation with both statutory and voluntary agencies. This is the only way to bring about a society where children are safe and where the devastation brought about by sexual abuse no longer exists.

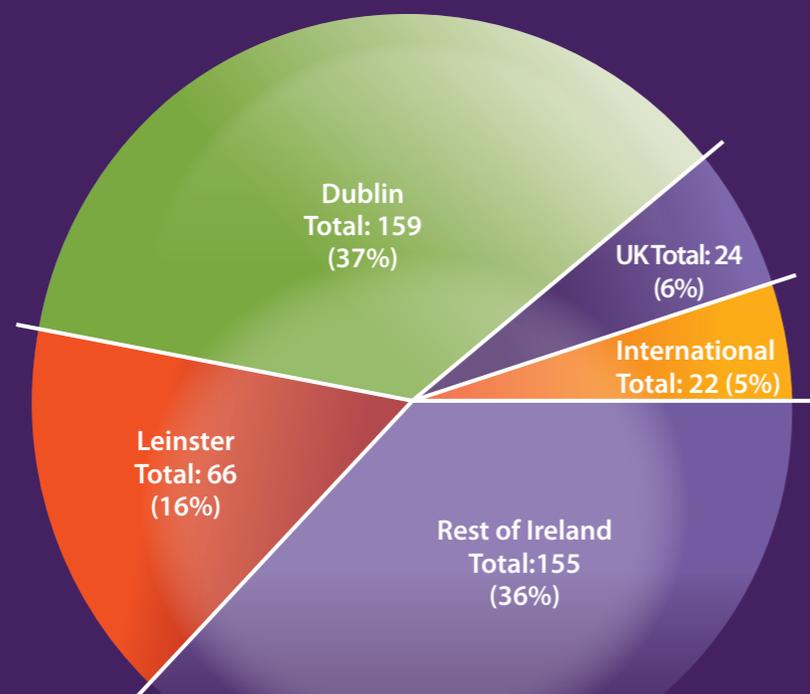
Noel McGuinness, Team Leader, Sex Offender Assessment and Treatment Programme

Number of individuals attending the Sex Offender treatment Programme



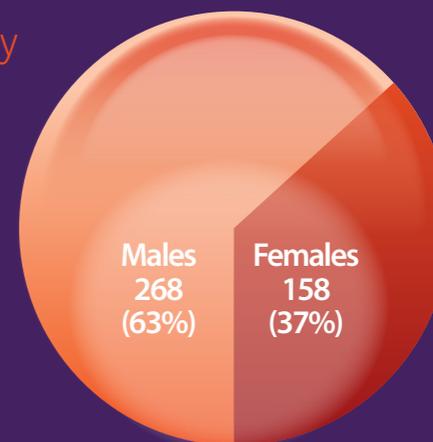
Relationship Between Sex Offender & Victim

Geographical Residence of Advocacy Clients



Gender of all Clients supported by the Advocacy Programme

Total: 426



Advocacy Information & Support Programme

Our Advocacy Information and Support Programme provides clear and comprehensive information to women and men who have experienced sexual violence so that they may make informed decisions about the courses of action open to them. The majority of our work involves facilitating clients in relation to the criminal and civil justice systems and child protection concerns. We have found that when individuals are informed about the reality and limitations of legal processes and child protection procedures, engaging with those systems becomes easier and less traumatic.

The first point of contact is normally a meeting to discuss the client's unique situation and to explore all the available options.

We encourage all clients to report sexual crimes to the Gardai. If a person decides to make a complaint we can support them in making a Garda statement. Should the case go to trial, we can liaise with the Gardai and legal professionals and provide court accompaniment. We can also facilitate

clients who wish to pursue claims in the civil courts.

Many of our clients are survivors of institutional or clerical abuse. In 2008 our work included supporting people to give evidence to the Commission of Investigation into the Archdiocese of Dublin and accompanying clients to the Institutional Redress Board. We also helped people to arrange meetings with Diocesan and congregational authorities and attended such meetings at the client's request.

Other work included addressing the practical needs of clients by supporting them in accessing specialist services relating to housing, finance, social welfare, education etc.

Child Protection is at the heart of what we do. We encourage and support people to notify the HSE of any concerns about a child who may be at risk.

Deirdre Kenny Acting Advocacy Director

Policy Formation

An important aspect of our work is to draw on the experiences and concerns of our clients to inform policy. We can identify lacunae in the systems with which our clients engage and work towards their reform and development.

This work includes participating in the decision making process at national level through engagement and discussion with members of the Government, public representatives and public servants.

In 2008 we focused on three major areas:

Submission to Director of Public Prosecution re the 'No Reasons Project'

When the Director of Public Prosecution decides not to proceed to trial it can be devastating for the victim of a sexual crime. The victim may interpret this decision as a "not guilty" verdict and the impact can be severe. One in Four recognises the complex and delicate balance that exists between the interest in disclosure of the reasons why a decision was made to the victim, and perhaps also the wider public, and the need to protect the reputation and the presumption of innocence of the alleged offender. However we believe that providing reasons for non-prosecution to victims could help them to accept the decision and increase their confidence in the criminal justice system. It may help to balance the needs of victim and the accused. In addition, providing reasons would increase accountability and transparency within the Office of the D.P.P.

We welcome the decision of the DPP to provide reasons for non-prosecution in cases of murder on a pilot basis, and look forward to a decision regarding sexual crimes at the end of 2009.

Submission to the Joint Oireachtas Committee on the Constitutional Amendment on Children

One in Four has repeatedly called for an explicit recognition of the rights and unique status of children in the Irish constitution, taking cognizance of the vulnerability of children and the responsibility of the State to safeguard their welfare. We would welcome the explicit recognition and protection of all children, regardless of their family context and background.

A submission on our position was made to the Joint Oireachtas Committee.

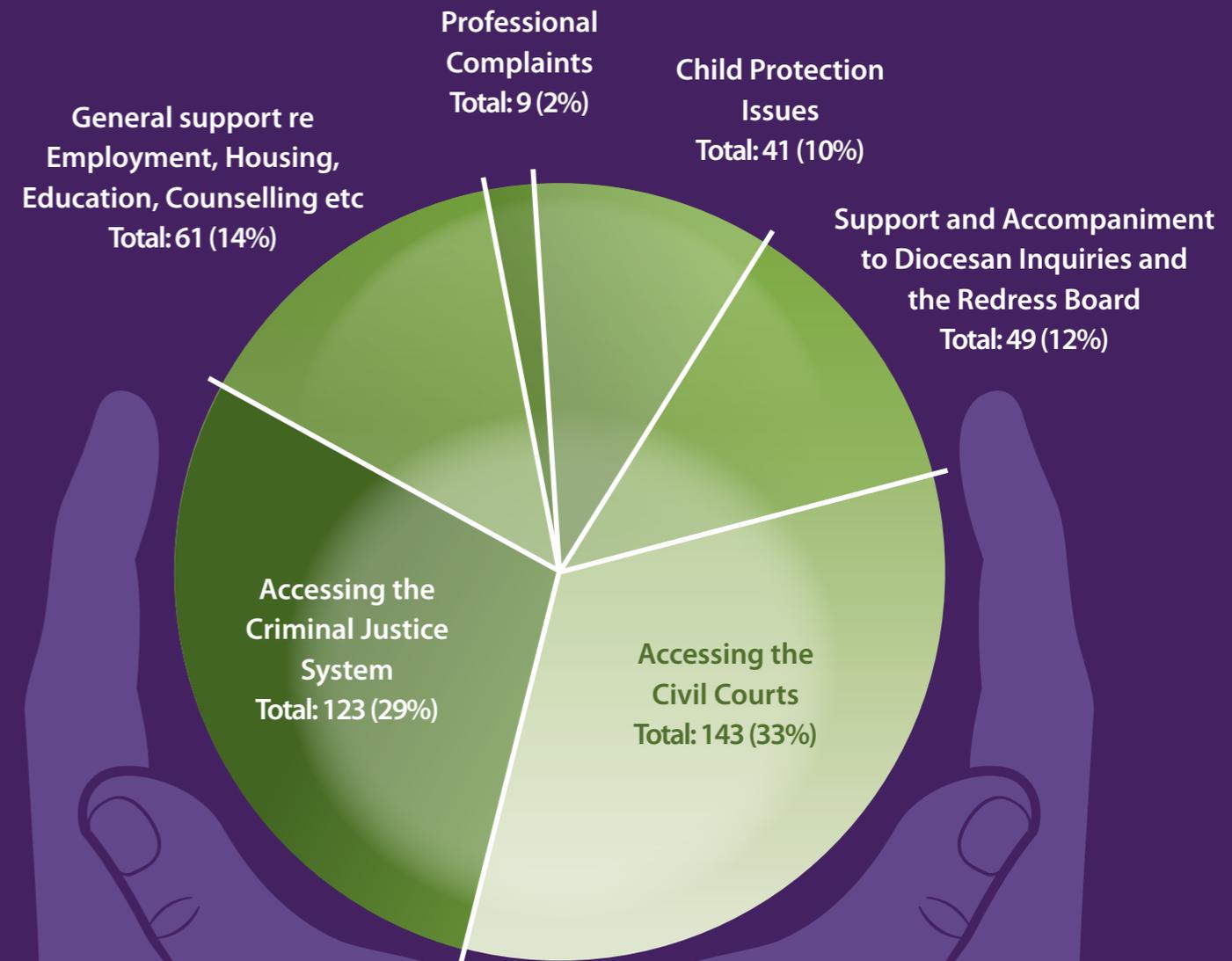
Inquiry into the Diocese of Cloyne

A client informed us that the Diocese of Cloyne had failed to report his allegation of sexual abuse to the HSE. This was in clear breach of the Catholic Church's own child protection policy and fell under the terms of reference for the Commission of Investigation into Clerical Abuse in the Dublin Archdiocese. One in Four wrote to the Minister for Health and Children in September 2007 asking her to refer the matter to the Dublin Commission.

The matter was investigated by the Church's own National Board for Safeguarding Children. Their Report was sent to the Minister for Children in July, but he failed to publish it. Throughout 2008 One in Four continued to demand that the Report be published and that the Diocese of Cloyne be referred to the Dublin Commission. The Diocese of Cloyne itself published the Report in December. It proved to be a damning indictment of child protection practices in the diocese. The Minister for Children, Barry Andrews TD, referred the Diocese to the Dublin Commission in January 2009, and the Bishop of Cloyne later stood aside.

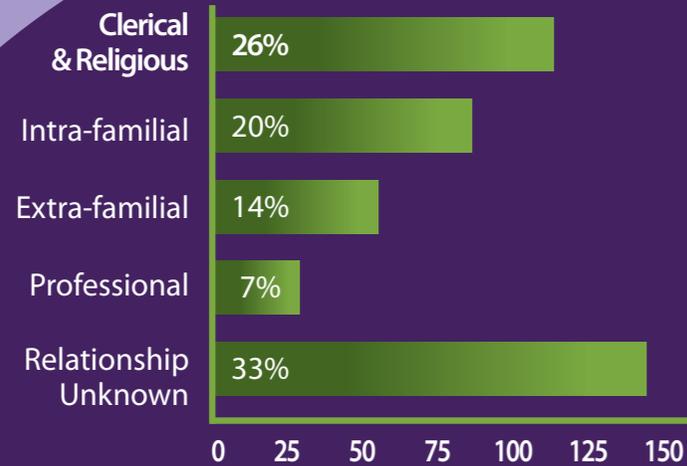
Deirdre Kenny Advocacy Director

Types Of Advocacy Support Provided

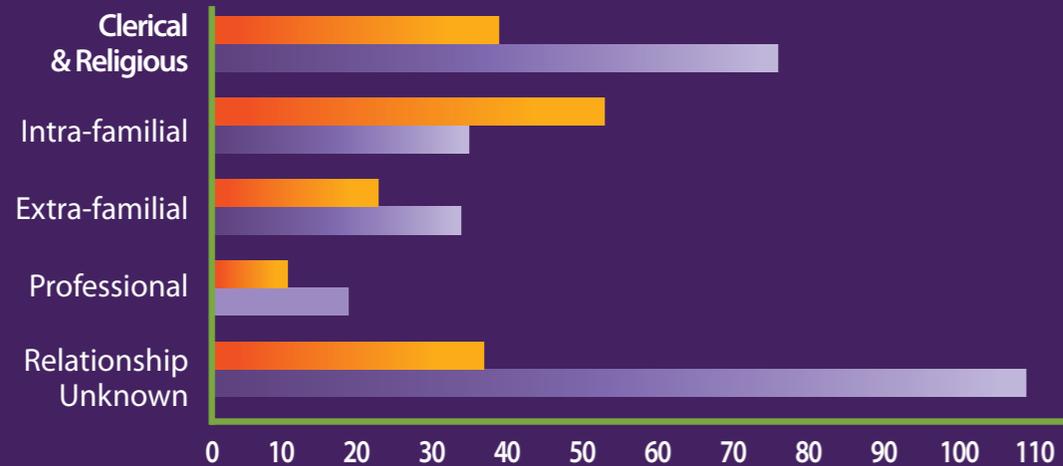


Relationship of Advocacy Clients with the Sex Offender

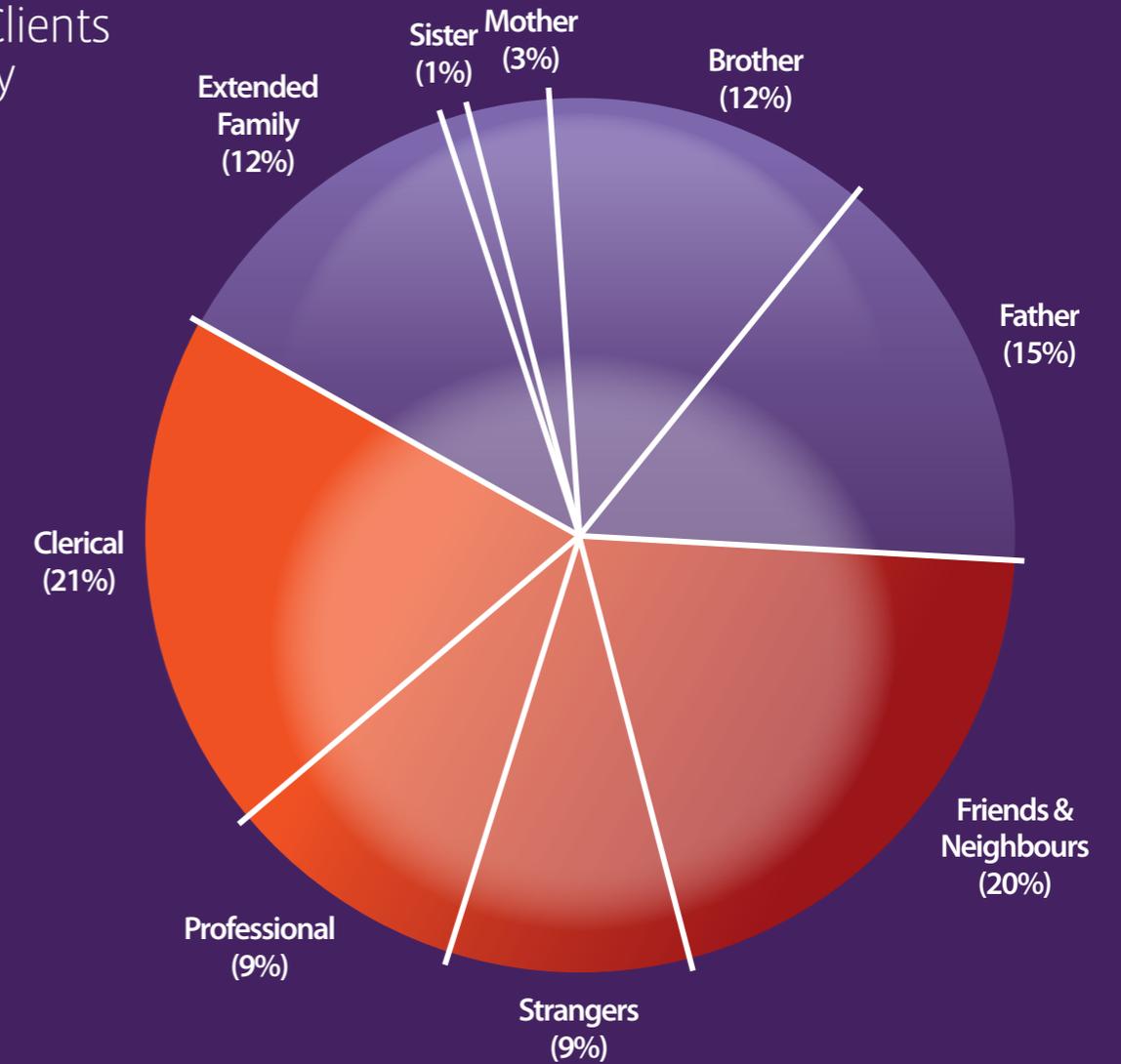
Total: 144



MALE FEMALE



Relationship Between One in Four Clients & the Primary Sex Offender

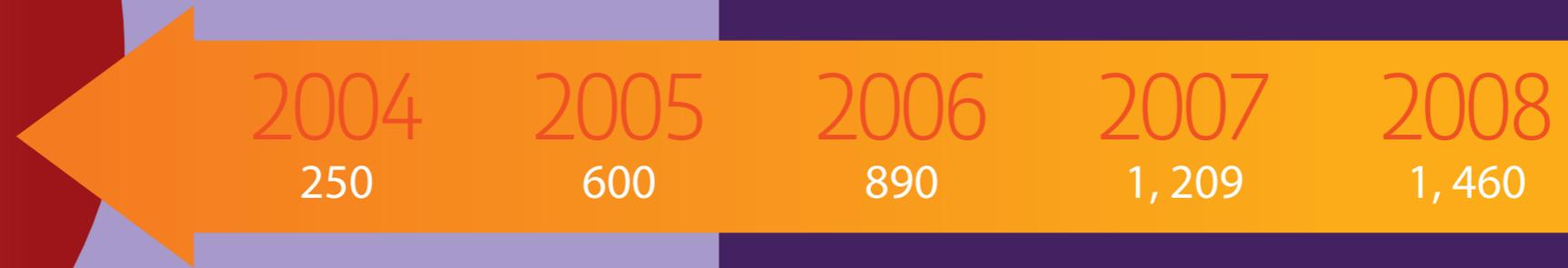


INTRA-FAMILIAL SEXUAL ABUSE 43%
EXTRA-FAMILIAL SEXUAL ABUSE 57%

Online Support & Information

One in Four provides on-line support and information twenty four hours a day, seven days per week.

The on-line support forum provides assistance outside of working hours, when contact in real time is not available. Survivors can exchange experiences and information and offer support. The message boards are monitored out of hours by a team of dedicated staff members and volunteers.



Funding

Statutory Funding

Sixty five per cent of funding for One in Four comes through statutory grants. We wish to acknowledge the support of the Health Service Executive, the Dept. of Justice, the Commission for the Support of Victims of Crime and COSC in 2008.

Faoiseamh

We would like to acknowledge the support of Faoiseamh for many of our clients who were abused within the catholic Church.

Private Sector Funding

Successful fundraising in the private sector is vital to the ongoing provisions of our services.

Events

In 2008 our main fundraising events were the Flora Women's Mini Marathon, the Silver Mile and the Christmas Art auction. We are very grateful to the many volunteers who helped organise these events and gave so freely of their time and expertise. A special thanks goes to the senior students of several schools who helped with the Silver Mile street collection.

One in a Thousand

One in a Thousand allows people to make an annual donation of whatever sum they can afford to One in four. This is usually done in monthly instalments. If the sum exceeds €250, One in four can claim back tax. We are very appreciative of the people who have joined up to this scheme as the regularity of income is critical to the planning of services.

Donors

It would not be possible to continue our work without the generous financial support we receive from donors. We would like to thank all those individuals and organisations who supported us in 2008.

Our People 2008

Board of Directors

| | |
|--------------------|-----------------|
| Dr. Jane Pillinger | Chairperson |
| Niall O' Muilleoir | Secretary |
| Margaret Martin | |
| Vincent Byrne | |
| Tim Whyte | |
| Jackie Kerins | |
| Dr. Tony Bates | (Resigned 2008) |

Staff

| | |
|---------------------|--------------------------|
| Maeve Lewis | Executive Director |
| Deirdre FitzPatrick | Advocacy Director |
| Deirdre Kenny | Advocacy Officer |
| Julie Browne | Advocacy Officers: |
| Therese Gaynor | Clinical Director |
| Eileen Finnegan | Deputy Clinical Director |
| Noel McGuinness | Team Leader |

Staff Psychotherapists

Edel Bose
Teresa Daly
Antoinette McKeogh
Deirdre Murray
Donal Swift
Karen Wallace

6 Interns

| | |
|-------------------|---------------------------|
| Deirdre Carney | Office Manager |
| Paul Fyffe | Information Officer |
| Ann Marie McGowan | Receptionist |
| Catriona Behan | Receptionist |
| Ruth Carroll | PA to the Director |
| Lesley Dunne | Fundraising Administrator |

Income & Expenditure Account

for the Year ending 31 December 2008

| | Notes | Continuing operations | |
|--|-------|-----------------------|-------------|
| | | 2008 | 2007 |
| | | € | € |
| Income | 2 | 1,044,345 | 1,044,773 |
| Expenditure | | (1,063,771) | (1,041,410) |
| Deficit/(surplus) on ordinary activities before taxation | | (19,426) | 3,363 |
| Tax on (deficit)/surplus on ordinary activities | | - | - |
| Deficit/(surplus) on ordinary activities after taxation | | (19,426) | 3,363 |
| (Deficit)/Retained surplus for the year | | (19,426) | 3,363 |
| Balance brought forward | | (70,579) | (73,942) |
| Balance carried forward | | (90,005) | (70,579) |

There are no recognised gains or losses other than the surplus or deficit for the above two financial years.

On behalf of the board

Vincent Byrne
Secretary

Jane Pillinger
Director

Balance sheet

as at 31 December 2008

| | Notes | € | 2008 € | € | 2007 € |
|---|-------|-----------|-----------|-----------|-----------|
| Fixed assets | | | | | |
| Tangible assets | 7 | | 5,950 | | 11,207 |
| Current assets | | | | | |
| Debtors | 8 | 21,074 | | 21,375 | |
| Cash at bank and in hand | | 4,300 | | 29,086 | |
| | | | 25,374 | | 50,461 |
| Creditors: amounts falling due within one year | 9 | (121,329) | | (132,247) | |
| Net current liabilities | | | (95,955) | | (81,786) |
| Deficiency of assets | | | (90,005) | | (70,579) |
| Capital and reserves | | | | | |
| Revenue reserves account | | (90,005) | | (70,579) | |
| Members' funds | 10 | (90,005) | | (70,579) | |

The financial statements were approved by the board on 1 May 2009 and signed on its behalf by

Vincent Byrne
Secretary

Jane Pillinger
Director

Acknowledgements

One in Four would like to acknowledge and thank the many individuals and companies who have donated funds or services to the organisation in 2008. Without such support, we could not have delivered our vital services.

Many people wish their support to remain private, but we would like to tell them how much we appreciate their help.

We would like to publicly thank the following:

- The Health Services Executive
- The Department of Justice, Equality and Law Reform
- The Commission for the support of the Victims of Crime
- COSC
- Faoiseamh

The staff of One in Four would also like to thank our Board of Directors who give so unstintingly of their time and expertise.

We would also like to thank our solicitor and auditor who are exceptionally generous with their time, advice and support.

Solicitors

Pearse Mehigan
83/84 Upper Georges Street
Dun Laoghaire
Co. Dublin

Auditors

John P. Carlin & Co.
Unit E7
Nutgrove Office Park
Dublin 14



One in Four

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